

Now the positive direction is upward direction.

+ \uparrow let's choose $y = -x$.

Then

$$\frac{dy}{dt} = -\frac{dx}{dt} \quad \text{and} \quad \frac{d^2y}{dt^2} = -\frac{d^2x}{dt^2}$$

$$m \frac{d^2x}{dt^2} = -kx$$

$$\Rightarrow m \left(-\frac{d^2y}{dt^2} \right) = -k(-y) \quad | \cdot (-1)$$

$m \frac{d^2y}{dt^2} = -ky$: the same equation as before!

$$\text{ICs: } y(t_0) = y_0$$

$$y'(t_0) = v_0$$

Consider again

$$m \frac{d^2 x}{dt^2} = -kx$$

$$m \frac{d^2 x}{dt^2} + kx = 0, \quad x(0) = x_0,$$

$$\frac{dx}{dt}(0) = v_0$$

$$(m D^2 + k)x = 0$$

$$m \left(D^2 + \frac{k}{m} \right) x = 0$$

$\omega_0 = \sqrt{\frac{k}{m}}$: natural frequency

$m \neq 0$

$$(D^2 + \omega_0^2)x = 0$$

$\pm i\omega_0$

$x(t) = C_1 \cos \omega_0 t + C_2 \sin \omega_0 t$: simple harmonic motion

Using I.C., we can find C_1, C_2 .

$$x(t) = A \cos(\omega_0 t - \delta)$$

A: amplitude $A = \sqrt{C_1^2 + C_2^2}$

δ : phase / phase shift / time lag $\tan \delta = \frac{C_2}{C_1}$

$T = \frac{2\pi}{\omega_0}$: period of oscillations

$\lambda = \frac{1}{f} = \frac{\omega_0}{2\pi}$ [# of cycles per sec
or Kertz]

Recall $\cos(x \pm y) = \cos x \cdot \cos y \mp \sin x \cdot \sin y$ (*)

$\sin(x \pm y) = \sin x \cdot \cos y \pm \cos x \cdot \sin y$

$$x(t) = C_1 \cos \omega_0 t + C_2 \sin \omega_0 t = \sqrt{C_1^2 + C_2^2} \left(\underbrace{\frac{C_1}{\sqrt{C_1^2 + C_2^2}}}_{\cos \delta} \cos \omega_0 t + \underbrace{\frac{C_2}{\sqrt{C_1^2 + C_2^2}}}_{\sin \delta} \sin \omega_0 t \right)$$

$$(*) \sqrt{C_1^2 + C_2^2} \cos(\delta - \omega_0 t) \stackrel{\text{even f}}{=} \underbrace{\sqrt{C_1^2 + C_2^2}}_A \cos(\omega_0 t - \delta) = A \cos(\omega_0 t - \delta)$$

$\cos(-t) = \cos t$

Check: $\cos^2 \delta + \sin^2 \delta \stackrel{?}{=} 1$

$$\cos^2 \delta + \sin^2 \delta = \left(\frac{C_1}{\sqrt{C_1^2 + C_2^2}} \right)^2 + \left(\frac{C_2}{\sqrt{C_1^2 + C_2^2}} \right)^2 = \frac{C_1^2}{C_1^2 + C_2^2} + \frac{C_2^2}{C_1^2 + C_2^2} = 1$$

We denoted

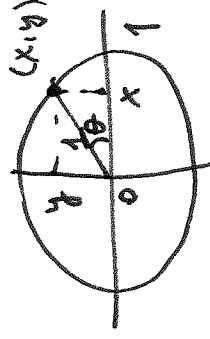
$$\cos \delta = \frac{C_1}{\sqrt{C_1^2 + C_2^2}}, \quad \sin \delta = \frac{C_2}{\sqrt{C_1^2 + C_2^2}}$$

$$\tan \delta = \frac{\sin \delta}{\cos \delta} = \frac{C_2 / \sqrt{C_1^2 + C_2^2}}{C_1 / \sqrt{C_1^2 + C_2^2}} = \frac{C_2}{C_1}$$

$$\boxed{\tan \delta = \frac{C_2}{C_1}}$$

| | |
|--|--|
| $\delta = \pi + \arctan \frac{C_2}{C_1}$ $C_1 < 0, C_2 > 0$ | $\delta = \arctan \frac{C_2}{C_1}$ $C_1, C_2 > 0$ |
| $\delta = \pi + \arctan \frac{C_2}{C_1}$ $C_1, C_2 < 0$ | $\delta = \arctan \frac{C_2}{C_1}$ $C_1 > 0, C_2 < 0$ |

$$0 \leq \delta < 2\pi$$



$$\cos \theta = \frac{x}{r} = \frac{x}{1}$$

$$\sin \theta = \frac{y}{r} = \frac{y}{1}$$

Energy

$$m \frac{d^2x}{dt^2} + kx = 0 \quad \left[\cdot \frac{dx}{dt} \right]$$

$$m \frac{dx}{dt} \cdot \frac{d^2x}{dt^2} + kx \frac{dx}{dt} = 0$$

$$x = x(t)$$

$$\frac{d}{dt} [x^2] = 2x \cdot \frac{dx}{dt}$$

$$m \frac{d}{dt} \left[\left(\frac{dx}{dt} \right)^2 \right] + \frac{k}{2} \frac{d}{dt} [x^2] = 0$$

$$\frac{d}{dt} \left[\frac{m}{2} \left(\frac{dx}{dt} \right)^2 + \frac{k}{2} x^2 \right] = 0$$

$$\frac{d}{dt} \left[\frac{m}{2} v^2 + \frac{k}{2} x^2 \right] = 0$$

$$\frac{m}{2} v^2 + \frac{k}{2} x^2 = \text{const} - \text{does not depend on time } t$$

kinetic energy

potential energy

$$\begin{aligned} \frac{k}{2} \frac{d}{dt} [x^2] &= \frac{k}{2} \cdot 2x \cdot \frac{dx}{dt} \\ &= kx \cdot \frac{dx}{dt} \end{aligned}$$

$\frac{m}{2} v^2 + \frac{k}{2} x^2 = E$ — the same for all times, including at $t=0$
 total energy

$$\Rightarrow E = \frac{m}{2} v_0^2 + \frac{k}{2} x_0^2$$

$$\Rightarrow \frac{m}{2} v^2 + \frac{k}{2} x^2 = \frac{m}{2} v_0^2 + \frac{k}{2} x_0^2$$

conservation of energy

Problem A mass of $\frac{1}{16}$ slug is attached to a spring whose spring constant is 4 lb/ft. Initially the mass is $\frac{2}{3}$ ft to the right of equilibrium and is moving to the left with velocity of $\frac{4}{3}$ ft/sec. Determine $x(t)$ which describes the subsequent motion. When does the mass reach maximum displacement for the first time?



$$k = 4 \text{ lb/ft}$$

$$m = \frac{1}{16} \text{ slug}$$

$$x(0) = \frac{2}{3} \text{ ft (to right)}$$

$$\dot{x}(0) = v_0 = -\frac{4}{3} \text{ ft/s (to left)}$$

$$m\ddot{x} + kx = 0$$

$$\frac{1}{16}\ddot{x} + 4x = 0 \quad | \cdot 16$$

$$\ddot{x} + 64x = 0$$

$$(D^2 + 64)x = 0$$

$\pm i8$

$$\omega_0 = 8 = \sqrt{\frac{k}{m}}$$

$$x(t) = C_1 \cos 8t + C_2 \sin 8t$$

To find C_1, C_2 we use ICs.

$$x(0) = C_1 \underbrace{\cos 0}_{=1} + C_2 \cancel{\sin 0} \Rightarrow C_1 = \frac{2}{3}$$

$$\dot{x}(t) = -8C_1 \sin 8t + C_2 \cdot 8 \cos 8t$$

$$\dot{x}(0) = -8C_1 \cancel{\sin 0} + 8C_2 \underbrace{\cos 0}_{=1} \Rightarrow C_2 = -\frac{1}{6}$$

$$x(0) = \frac{2}{3}, \quad \dot{x}(0) = -\frac{1}{6}$$

to the right
moving left
to the

$$x(t) = \frac{2}{3} \cos 8t - \frac{1}{6} \sin 8t$$

$$x(t) = A \cos(\omega_0 t - \delta)$$

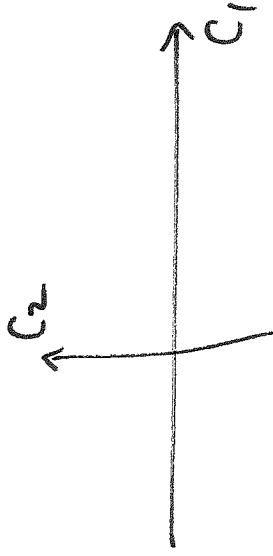
$$\omega_0 = 8$$

$$A = \sqrt{C_1^2 + C_2^2} = \sqrt{\left(\frac{2}{3}\right)^2 + \left(-\frac{1}{6}\right)^2} = \boxed{\frac{\sqrt{17}}{6} = A}$$

δ : phase shift

$$\tan \delta = \frac{C_2}{C_1}$$

$$C_1 = \frac{2}{3} > 0, \quad C_2 = -\frac{1}{6} < 0$$



$$-\frac{1}{6} \cdot \frac{3}{2} = -\frac{1}{4}$$

\bar{N} quadrant

$$\delta = 2\pi + \arctan\left(\frac{C_2}{C_1}\right) = 2\pi + \arctan\left(\frac{-\frac{1}{6}}{\frac{2}{3}}\right) = 2\pi + \arctan\left(-\frac{1}{4}\right) =$$

$$= 2\pi - \arctan\frac{1}{4}$$

$$\Rightarrow \boxed{\delta = 2\pi - \arctan\frac{1}{4}}$$

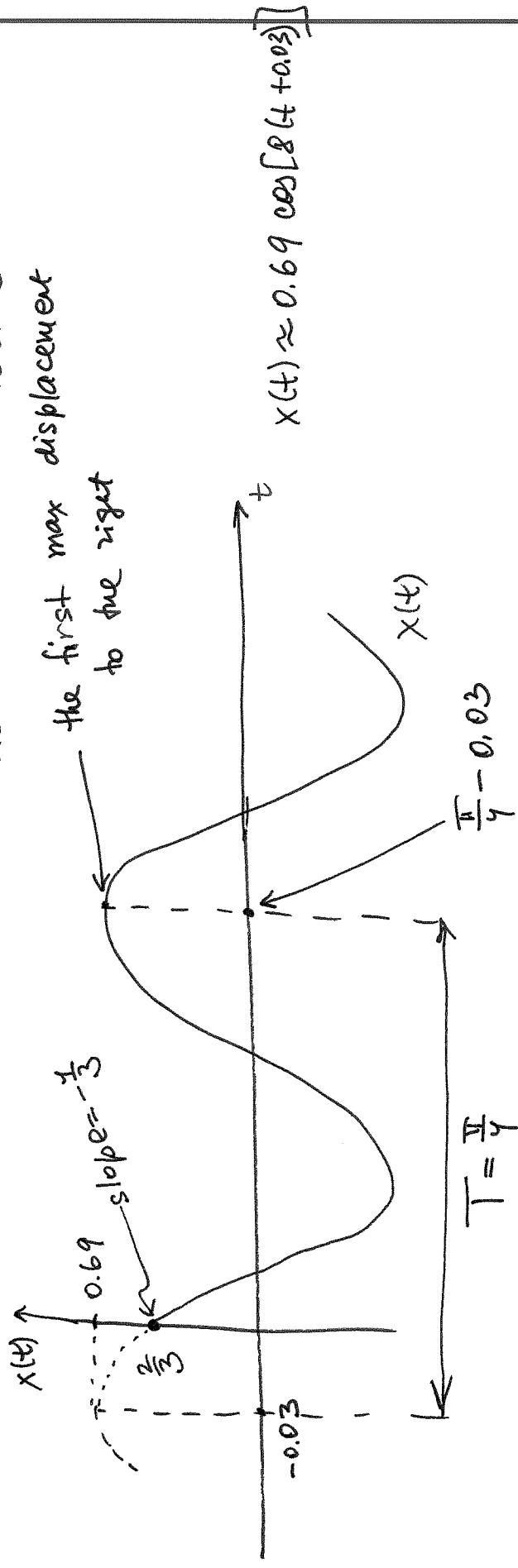
odd $f^{\frac{1}{2}}$

Hence,

$$x(t) = A \cos(\omega_0 t - \delta) = \frac{\sqrt{17}}{6} \cos(8t - [\arctan \frac{1}{4}]) \quad \Leftrightarrow$$

cosine is a 2π -periodic function

$$\Leftrightarrow \frac{\sqrt{17}}{6} \cos(8t + \underbrace{\arctan \frac{1}{4}}_{\approx 0.245}) = \underbrace{\frac{\sqrt{17}}{6}}_{\approx 0.69} \cos\left[8\left(t + \underbrace{\frac{\arctan \frac{1}{4}}{8}}_{\approx 0.03}\right)\right]$$



$$T = \frac{2\pi}{\omega_0} = \frac{2\pi}{8} = \frac{\pi}{4}$$

$$x(t) \approx 0.69 \cos[8(t + 0.03)]$$