

The Journey – First Reflective Write

Every journey, every pilgrimage has a beginning. In this reflective write, as you begin this academic year, reflect of the nature of “base camp” from which you begin your ascent to the Summit.

Specifically, think about your life and your own "awakening stories." Reflect on a meaningful story that has helped define any one or combination of these questions: Who are you? Where did you come from? What/where is your "there, there"? and/or Where do you seek to go? Don't need to address all these questions.

Your response to this reflection can take on any number of forms. Such forms could be narrating the story, doing a drawing, sharing a poem, providing a more formal response, or submitting some other form of communication that addresses your reflection.

There are many different types of “awakening stories,” including those that are spiritual or secular in nature, involving one’s family, friends, school, church, or community, or one’s experienced in solitude.

Try to limit your response to no more than two pages of text or imagery. A single page can do it. Record your reflection in your journal.