COLLEGE OF EDUCATION

Proposed Catalog Changes

Effective Term (unless otherwise noted) = Summer 2016

Movement Sciences

1. Discontinue the following minors

Sport Science Minor

Note: H&S 245 and PEP 418 have prerequisite requirements.

FCS 205 Concepts in Human Nutrition (3 cr)
FCS 305 Nutrition Related to Fitness and Sport (2 cr)
H&S 150 Wellness Lifestyles (3 cr)
H&S 350 Stress Management and Mental Health (2 cr)
PEP 418 Physiology of Exercise (3 cr)
PEP 495 Practicum (40 hrs minimum) (1 cr)

One of the following (2-3 cr):
H&S 245 Introduction to Athletic Injuries (3 cr)
H&S 288 First Aid: Emergency Response (2 cr)

Courses selected from the following (4-6 cr):
H&S 289 Drugs in Society (2 cr)
H&S 490 Health Promotion (3 cr)
PEB 106 Weight Training and Conditioning (1 cr)
PEB 108 Water-Based Sports and Fitness Activities: Aqua Fitness or Water Aerobics (1 cr)
PEP 305 Applied Sports Psychology (3 cr)
PEP 493 Fitness Assessment and Prescription (3 cr)

Courses to total 20 credits for this minor

Rationale: Due to low demand, several of the Sport Science Minor’s classes were phased out over the past several years and now no longer exist. Additionally we have large enrollments in major courses (PEP 418, PEP 493, PEP 495) and cannot accommodate minors.

Coaching Minor

FCS 305 Nutrition Related to Fitness and Sport (2 cr)
H&S 245 Introduction to Athletic Injuries (3 cr)
H&S 289 Drugs in Society (2 cr)
PEP 204 Special Topics: Coaching (2 cr)
PEP 305 Applied Sports Psych (3 cr)
PEP 495 Practicum (1 cr)

One of the following (2-3 cr)
PEP 300 Applied Human Anatomy and Biomechanics (2-3 cr)
PEP 418 Physiology of Exercise (3 cr)

Courses to total 20 credits for this minor
Rationale: Due to low demand and lack of resources, many of the Coaching Minor’s classes were phased out over the past several years and now no longer exist. Additionally we have large enrollments in major courses (PEP 418, PEP 495) and cannot accommodate minors.