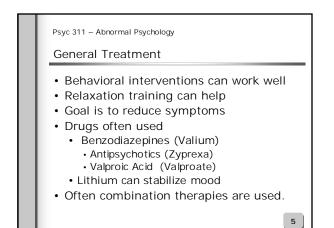


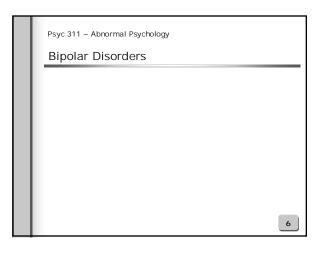


# Additional Points

- Is important to take a good history
- Some pharmacologic medications or drugs can mimic manic symptoms.
  - Excessive caffeine
  - Ephedrine
  - Anabolic Steroids
  - Diet aids
  - Amphetamines
- Other diseases can cause symptoms too
  - E.g., Thyroid Disease

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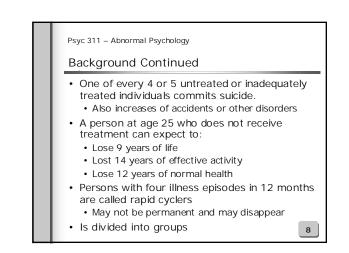


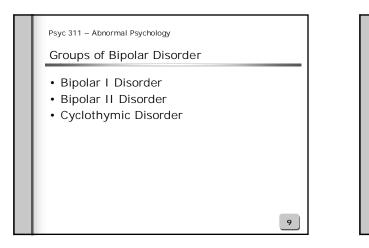


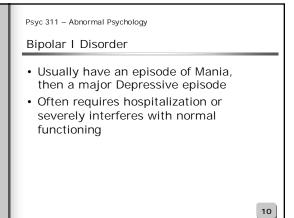
### Psyc 311 – Abnormal Psychology

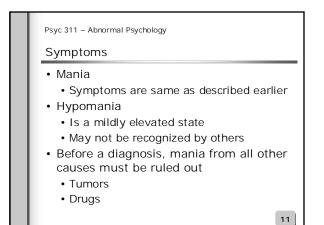
**Bipolar Disorders** 

- · In the past called
- Manic Depressive Psychosis
- Occurs in up to 4% of the population
  - Number differences depend on the reference
  - Number of cases are rising
    - May be due to better screening
  - Found more in artistic populations (poets, artists)
- 55% have a history of substance abuse
  May be an attempt to self medicate
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### Psyc 311 – Abnormal Psychology

#### Bipolar II

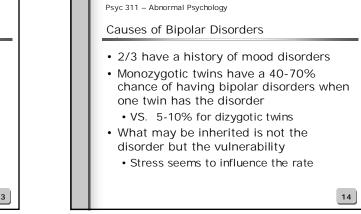
- Is less severe than Bipolar I
  - Usually manic stage is not as severe
  - Hypomania
- Key:
  - Person does not need to be hospitalized
  - · Can still function
- Other people may see the mania
  Person with disorder may not
  - Feels very energetic and creative.

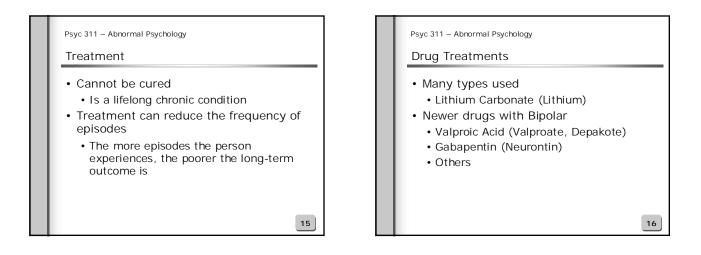
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## Cyclothymic Disorder

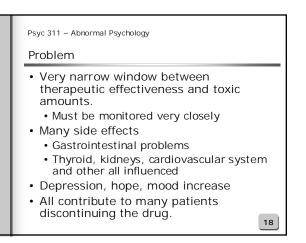
- Is a chronic state of mood disturbances
- Most noticeable is a change in energy levels
- Swing between mania and depression but the severity is lower than Bipolar II
- · Tend to have a seasonal pattern • More common in spring and fall

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	Psyc 311 – Abnormal Psychology
L	Lithium
	<ul> <li>Most recommended drug for Bipolar</li> <li>Effective in treating 60-80% of acute hypomanic and manic episodes</li> <li>Takes about 1-2 weeks before stable levels are reached</li> </ul>
I	17



### Psyc 311 – Abnormal Psychology

### Newer Drugs

- Have been used alone but usually are used in combination with Lithium
  Usually for manic phase
- Target the GABA receptor
  - Cause neurons to not fire as much
    Result less activity
- Also have better safety margins

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### Psyc 311 – Abnormal Psychology

### Conclusions

- Mania/Bipolar cause problems for many individuals.
- Can be treated effectively
- Need more research on the disorder.

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