COLLEGE OF EDUCATION
Proposed Catalog Changes

Effective Term (unless otherwise noted) = Summer 2015

Movement Sciences

1. Add the following course:

**Rec 229 Swiftwater Rescue Training (2 cr)**
This course utilizes the professional expertise and curriculum from the Swiftwater Safety Institute, a leader in swiftwater rescue training and promoter of industry safety standards. This course will teach: identifying river hazards, rescue philosophy / liability, self rescue, tethered swimmers / contact rescues, throwbag deployment, boat based / shore based rescues, strainer swimming, shallow water crossings, foot and body entrapment, knots, boat pins, mechanical advantage and technical rope systems, quick, smooth, effective rescue technique. Instruction requires three full days of practical field application for hands-on experience.

**Prereq:** Rec 107 and Rec 216; or equivalent experience with instructor permission

Rationale: The Swiftwater Rescue Training course is necessary for students that minor in Outdoor Leadership at the UI. This course would provide students with an opportunity to learn industry standards in river safety and rescue necessary for career opportunities involving water-based recreation. The instructor of record would be Trevor Fulton (Outdoor Program Assistant Coordinator – Climbing Center). Trevor Fulton has an instructor endorsement by Swiftwater Safety Institute, and has successfully taught swiftwater rescue courses throughout Idaho. The Outdoor Program staff has traditionally taught recreation courses for the Outdoor Leadership minor and Trevor currently teaches within the program. Trevor Fulton is willing to teach and take on the responsibility associated with the course. This course would be taught every Spring semester (second half) with an enrollment maximum of 10 students. This course should be weighted as a 2-credit course.

2. Change the curricular requirements of **Outdoor Recreation Leadership** (Minor):

Rec 107 Outdoor Recreation and Tourism Pursuits (3 cr)
Rec 108 Orienteering & Navigation (1 cr)
Rec 290 Wilderness First Responder (3 cr)
Rec 310 Outdoor and Adventure Leadership (3 cr)

Courses selected from the following (9 cr):
Rec 216 River Recreation and Water Craft Safety (3 cr)
Rec 218 Rock Climbing & Mountaineering (3 cr)
Rec 228 Avalanche Fundamentals (2 cr)
Rec 229 **Swiftwater Rescue Training (2 cr)**
Rec 240 Recreation Activities, Programming and Marketing (3 cr)
Rec 254 Camp Leadership in Recreation and Sport (3 cr)
Rec 280 Recreation Practicum in Recreation, Parks and Tourism (1 cr)
Rec 408 Experiential Education and Adventure Recreation (3 cr)

Courses selected from the following (4 cr):
PEB 106 Individual and Dual Sports [Wall Climbing, Advanced Wall Climbing, Fly Tying, Fly Fishing, Intro Archery/Hunting, Adventure Racing] (1 cr)
PEB 108 Water-Based Sports and Fitness Activities: Scuba (1 cr)
Rec 204 Special Topics (course approved by advisor)
Rec 222 Cross Country Skiing (1 cr)
Rec 223 Winter Skills (2 cr)
Rec 224 Whitewater Rafting (1 cr)
Rec 225 Kayaking (1 cr)
Rec 227 Mountain Biking (1 cr)

Approved technical competency (contact the CSS or Movement Sciences departments; practical exam administered by Rec and/or CSS faculty) (max 4 cr)

**Courses to total 23 credits for this minor**

Rationale: Add REC 229 Swiftwater Rescue Training to the catalog for the Outdoor Recreation Minor.