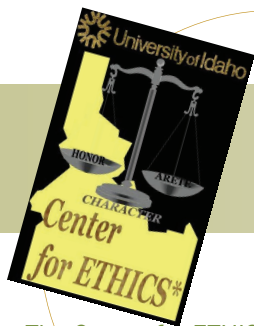


THIS WEEK AT THE CENTER FOR ETHICS*

FRIDAY, MARCH 25, 2011

www.sportethics.us



CENTER FOR ETHICS*

The Center for ETHICS* at the University of Idaho offers study, intervention, outreach, consultation, and leadership in developing and advancing the theory, knowledge and understanding of character education including moral and ethical reasoning, moral development, ethical leadership, and ethical application. The Director of the Center is Dr. Sharon Kay

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SERVICE LEARNING (WEST PARK AND THE UNIVERSITY OF IDAHO)



Doctoral Student Susan Steele will be presenting Moscow's West Park Elementary school's service-learning and volunteering program to the State Department of Education next week. This presentation will aid in West Park's accreditation process. Susan has been West Park's key facilitator in the partnership with the Univer-

sity of Idaho. The Dean of the College of Education, Dr. Cori Montle-Bromley, and the Associate Dean for Graduate Studies in the College of Education Dr. James Gregson will also be attending.

The model that Susan has been able to implement between West Park and the University of Idaho has had great success in bringing service learning to the forefront of the educational process.

Susan will be investigating how service learning and servant learning models affects leadership identity and character development of college students.

IDAHO HIGH SCHOOL ACTIVITIES ASSOCIATION

Dr. Stoll spoke at the annual meeting of the Idaho High School Activities Association. This forum assists coaches in meeting their state continuing education requirements. Topics included New Coaching Techniques, Injury Prevention, Concussion Prevention and Identification among others. Dr. Stoll represented the University of Idaho and our on line Servant Leadership Continuing Education Units. There were over 400 coaches from across the state in attendance.

ASPECTS OF LEADERSHIP: ETHICS, LAW, AND SPIRITUALITY SYMPOSIUM

Doctoral Student Clinton A. Culp will be attending the Aspects of Leadership: Ethics, Law, and Spirituality Symposium. This symposium is being held by the Marine Corps University Lejeune Leadership Institute at Quantico, Virginia.

Clinton will be presenting on two topics, A Conflict in Values, and a Pedagogy of Practical Military

Ethics. Other topics will include Chivalry, Spiritual Injuries, Ethical Implications of Irregular Warfare, Leadership in a World of Blurred Responsibilities, to name a few.

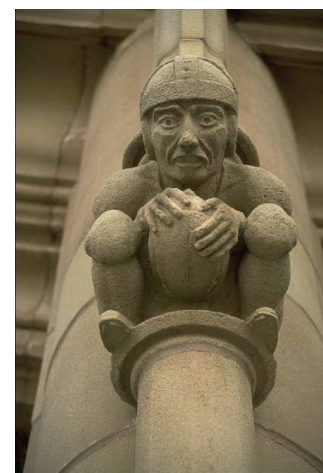
All papers will be published in book form by the Marine Corps University Press, under the same title as the symposium, later this year.

SPORT AND SOCIETY BLOG

Tom Grant, Ph. D. Student

Tom and Dr. Stoll continue their conversation concerning current issues in sports and athletics which have moral and ethical implications.

To follow go to the Center for ETHICS* Facebook page or the Blog (click on the icons below)



AMERICAN ALLIANCE OF HEALTH PHYSICAL EDUCATION, RECREATION AND DANCE (AAHPERD) 2011 NATIONAL CONVENTION AND EXPOSITION IN SAN DIEGO, CA.

Effect of an Outdoor Adventure Program on Self-Esteem of Malaysians

Mohd Asmadzy Ahmad Basra, Dr. Stoll, and Dr. Beller

Background/Purpose Outdoor adventure programs significantly affect participants' self-esteem in western cultures, however limited self-esteem research exists with Malaysian cultures. These programs focus on perseverance, teamwork, and self-esteem. While programs and objectives in the United States and Malaysia are similar, how the organizations execute the outdoor programs in Malaysia are different. This is due to Malaysia's unique natural environment, cultural diversity, religions, ethnicities, and way of life. The purpose of this study was to examine the effects of an outdoor adventure program (Kelab Rekreasi Sikamat) on self-esteem of Malaysian young adults enrolled in a 5-day outdoor adventure program.

Method Experimental participants were 161, 18-21 year olds; control group participants were 80 young adults who did not attend the program. The program consisted of a five-day field trip in Jelebu, Negeri Sembilan, involving backpacking in inclement weather (rain, high temperature, wind), bamboo rafting on the Kenaboi river, backcountry hiking at elevations above 1,000 meters, repelling through waterfalls, and overnight survival camping. Experimental and control groups were pre-tested before the program began and post-tested after the 5-day adventure using the Rosenberg Self-Esteem Scale (SES).

Analysis/Results ANOVA with repeated measures was used. The experimental group exhibited a significantly higher self esteem (pre M = 18.67 sd = .40; post M = 22.90 sd = .319) compared to the control group (pre M = 18.54 sd = .593; post M = 18.44 sd = .470) Wilk's Lambda $F(1,237) = 189.424, p = .001, \text{partial } \eta^2 = .444$.

Conclusions While the Malaysian culture, religions, ethnicities, and way of life are different, these study findings concur with Western studies.

Running Gait Stabilization in Children Ages 5 to 12

Emily Cox of Washington State University and student of Dr. Beller

Background/Purpose Relationships in leg length, stride length and cadence have been investigated in children walking; limited research exists examining these characteristics and when they stabilize in children with normal running gaits. This study's purpose was to describe relationships between these variables in elementary school children running 400 meters.

Method Participants were 314 students in two elementary schools (K-6) who ran 400 m at a self-selected speed wearing pedometers.

Analysis/Results Leg length did not correlate strongly with stride length ($r^2 = 0.09$) or stride frequency ($r^2 = 0.08$). Stride length had a small negative association with stride frequency ($r^2 = 0.09$), but accounted for 54% of the variance in course time ($r = -0.737$). Stride frequency was less related to time ($r^2 = 0.14$). Regression predicted the dependent variable, course time, with the independent variables, stride length and stride frequency, which accounted for 93% of the variance in running time (adjusted $R^2 = 0.927, p = .001$). Stride length (standardized $\hat{\alpha} = -0.929$) was a stronger predictor of running time than stride frequency ($\hat{\alpha} = -0.650$). Stride length correlated strongly with running speed ($r^2 = 0.76, p < 0.001$), which increased ($0.2 \text{ m} \cdot \text{sec}^{-1} \text{ yr}^{-1}$) between the ages of 4 and 6 years, and more slowly ($<0.1 \text{ m} \cdot \text{sec}^{-1} \text{ yr}^{-1}$) from 7 to 12 years.

Conclusions Results suggest that running gait appears to stabilize by age 7. Participants increased speed by 25% between the ages of 5 and 12 years. It appears that more than a third of the expected change in running speed occurs before the onset of puberty.

Can Sportsmanship and Ethics Be Taught?

Dr. Stoll and Dr. Beller

The purpose of this session is to offer tips, strategies, and techniques to effectively teach sportsmanship and ethics to coaches and athletes. We will discuss 30 years of data collection and instruction in teaching ethics and sportsmanship on 90,000 college and high school athletes and coaches as well as review online and in person curriculum, pedagogy, and assessment to positively affect sportsmanship and ethical development for high school and college coaches and athletes.

Sport Leadership: Developing a Successful Philosophy

Dr. Van Mullem and Dr. Stoll

Achievement in sport is often identified or linked to a successful leader. The leader possesses certain clearly identifiable traits and when challenged to make a difficult decision, the leader relies on a well-developed leadership philosophy. This hands-on interactive session will guide participants through the process of developing their own leadership philosophy based on the principles presented in a proven online program.

AAHPERD

The Coaching Alliance Programs of the National Association of Physical Education and Sport. Individuals can receive coaching credit through the Coaching Alliance. NASPE, whose mission is to enhance knowledge, improve professional practice and increase support for high-quality physical education, sport, and physical activity programs is the largest association of the American Alliance.

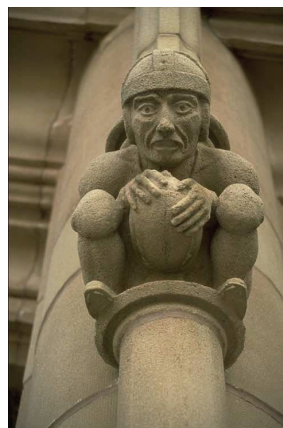
Of the approximately 3,000 research abstracts that are submitted less than 5% of submitted abstracts are selected for oral presentation.

[AAHPERD](#)

SPEAKING ENGAGEMENTS, REVIEWS, & UPCOMING PAPERS

Dr. Stoll, Alumni Award Speaker, The University of the Ozarks, April 15 - 16, 2011.

Dr. Stoll and Dr. Barnes will present at NASSM on the topic of Moral Education in the Sport Management on June, 4, 2011.



CONTINUING PROJECTS

LITTLE EAGLE & TEAM WORKS TEAMWORKS- ACADEMY.ORG

The story of "Little Eagle" a curriculum for grades 3-5 has been adopted for use by Hope International in five eastern states. The story was written by Zoe Higheagle Strong, a member of the Nez Perce, and adapted to a



character education curriculum by Dr. Stoll and doctoral student Susan Steele. Continuing collaboration with WWC, the Center for ETHICS, and Zoe Strong of TeamWorks on an elementary afterschool curriculum for TeamWorks, a Native American education program supported by Mac Strong, formerly of the Seattle Seahawks.



Providing Character & Ethics Education to Student Athletes

WWC is a nonprofit organization dedicated to character education in competitive populations and athletic programs from grade school to college and into the professional ranks. The Center for ETHICS* has a continuing relationship with WWC in helping them with assessment and curriculum development.

Report sent to Georgia Military College.



DOCTORAL CANDIDATES & STUDENTS

Heather Ridnour

Ph.D. Candidate
Honor cultures in athletics

She is seeking to improve the performance and output of athletes by creating a culture of honor within athletic communities.

Clinton Culp

Major USMC (Ret)

Working with the US Marine Corps assisting in developing pedagogy and curriculum for character development and ethics. Continuing research in implicit and explicit associations of sportsmanship and unsportsmanship like concepts.

Susan Steele

Elementary School Volunteer Coordinator

Servant Learning and Leadership with University of Idaho Athletics. Continuing research on service learning and its effect on the leadership identity and character development of college students.

Tom Grant

Journalist

Working with developing a curriculum and pedagogical method for increasing moral development within the sports journalist community.

Seth Haselhuhn

Coach

He hopes to establish a curriculum using a theoretical framework, that will develop, based on a specific set of values to guide interscholastic coaching education. He is a Fundamental Pedagogic Approach (FPA). The aim is to narrow the gap between the current fragmented knowledge of coaching and coaching education that has been built by the positivist paradigm.

Cynthia Williams

Assistant to the Associate Dean of the University College at Washington State University

She is interested in the social construct of athletic identity and how it influences the academic engagement of freshman student-athletes. Her dissertation will examine the impact of an academic success course on athletic identity, acquiring college-level skills, formation of education value, and persistence for freshman student-athletes.

REFERENCES

Mijacevic, D., Johnson, J., Pinkham, D., Taylor, A., Bisbee, Y., Clyde, S., & Baillargeon, J. (2010, February). *Indigenous research paradigm*. Paper presented at the International Globalization, Diversity, and Education Conference. Spokane, WA.

On the Web at
www.sportethics.us

CENTER FOR ETHICS*

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**CHARACTER IS THE LIFE OF
RIGHT CONDUCT ~ ARISTOTLE**

WHAT IS THE CENTER FOR ETHICS* ETHICAL THEORY AND HONOR IN COMPETITION AND SPORT

Mission:

Believing and teaching the tradition of competitive integrity to inspire leaders of character.

Center Goal:

To return the classical concepts of justice, integrity, and responsibility in competition through education, research, and applied ethical, intervention programs.

Center Objectives:

- Model ethical conduct.
- Conduct global research about competitive ethics, moral reasoning and character development.
- Develop and provide teaching methodologies and curriculum supporting the practical application of moral reasoning in competitive communities.
- Sponsor conferences whereby participants will utilize practical application of moral reasoning to confront problematic ethical reasoning and action.

The Center for ETHICS* at the University of Idaho offers study, intervention, outreach, consultation, and leadership in developing and advancing the theory, knowledge and understanding of character education including moral and ethical reasoning, moral development, ethical leadership, and ethical application.



- Provide professional training programs to help decision makers navigate current ethical issues or trends.
- Nurture a commitment to ethics, moral reasoning, and character development within competitive communities.
- Serve academic, professional, and public agencies in developing competitive moral excellence.