

# Is it safe to eat?

Use a food thermometer to be **SURE**.

**165°F**



All Poultry  
Whole, Parts, Ground



**160°F**



Ground Meat & Egg Dishes  
Beef, Veal, Pork & Lamb



**145°F**



Fish



Steaks & Roasts



+3 minute rest time for



Beef, Veal, Pork, & Lamb



Dial Thermometer  
2" sensing area



Digital Thermometer  
1/2" sensing area