Mexican Burger



Ingredients (serves 4)

1 pound ground beef

1 package taco seasoning mix

4 slices Monterey Jack cheese

1 avocado, sliced

4 sesame seed buns

Spice it up!

Add some green chilies and salsa!

Preparation

- Combine taco seasoning mix with ground beef
- Form into four patties
- Cook hamburgers using your preferred method until the center of the patties is 160°F. Flip frequently for even cooking.
- Top with Monterey Jack cheese and sliced avocado

Color is not a sure sign of doneness!

ALWAYS use a food thermometer
to check your hamburger's temperature!
Insert the thermometer into the side of
the patty until it reads 160°F.

www.uidaho.edu/thermometers





