

College of Education, Health and Human Sciences
Proposed Catalog Changes
Effective Summer 2019

MOVEMENT SCIENCES

1. Change the following course:

DAN 211 (s) Dance Conditioning**1 credit, max 2**

Learn and apply current conditioning and cross-training tools and practices designed to support the training of the 21st century dancer. Students can expect to learn more about the dancing body with anatomical references, individuals needs to support a long and healthy dance career, general fitness components, and current trends in dance conditioning.

Rationale: Due to the intense training expectations required of a dance major, it is necessary to provide them with more direction in how to cross-train and engage in physical practice outside of the technique class that will support longevity and ultimately enhance their dance skills. They need to not just learn about modalities to support healthy practice, they also need more actual practice with these as they educate the whole-self (mind and body). It is the intent of the program to send dance practitioners into the world that can intelligently consider the way in which they are engaging with teaching, performing, or creating dance. Additionally, with the course being taught by faculty with diverse backgrounds on a rotating basis, students will have opportunities to gain more practice and versatility in approaches to conditioning. The major considers ideas of conditioning more fully than the minor (one credit required). Dance majors aim to have a career steeped in dance. A fuller understanding of conditioning will support their preparation for how to maintain their physical engagement and navigate the terrain of a 21st century dance career.

2. Make the following curricular changes to the **Dance Major (B.S.Dan.)**:

A successful audition is required for admission to the degree program. To graduate in this program, a minimum grade of 'C' must be earned in all required courses. To participate in departmental productions, a student must maintain a minimum GPA of 2.50. Please contact the Department of Movement Sciences at 208-885-7921 for audition information. Required coursework includes the university requirements (see regulation J-3), the Department of Movement Sciences core course MVSC 201 and the following course work:

Movement Sciences Undergraduate Curricular Requirements	6
Major Requirements	67-68-69
Total Hours	73-74-75
Major Requirements	
BIOL 120 Human Anatomy	4
DAN 101 Dance Seminar	1
DAN 210 Dance Performance	4

DAN 211	Dance Conditioning	1
DAN 284	Dance Improvisation	1
DAN 321	Dance Pedagogy	3
DAN 324	Integrated Movement Practices	3
DAN 360	Teaching Creative Dance for Children	1
DAN 384	Dance Composition I	3
DAN 385	Dance Composition II	3
DAN 410	Pre-professional Dance Performance	4
DAN 412	Choreography Lab	2
DAN 421	Dance History and Contemporary Views	3
DAN 422	Labanalysis	3
DAN 490	Senior Project	2
MVSC 486	Healthy Active Lifestyle Assessment and Intervention	3
PEP 300	Applied Human Anatomy and Biomechanics	3
PEP 360	Motor Behavior	3
Two credits in:		2
<u>DAN 211</u>	<u>Dance Conditioning</u>	
Select 16 credits of Technique: ¹		16
DAN 216	Technique	
DAN 416	Technique	
Select two courses from the following:		2
MUSA 114	Studio Instruction	
MUSA 145	Piano Class for Music Majors/Minors	
MUSA 146	Piano Class for Music Majors/Minors	
MUSA 147	Voice Class	
MUSA 365	Chamber Ensemble	
Select one course from the following:		2-3
THE 105	Basics of Performance I	
THE 202	Costume Design I	
THE 205	Lighting Design I	
THE 320	Theatre Management	
Total Hours		6768-69

¹ Must include a minimum of 6 semesters each of ballet and modern. Students may retake the same technique class up to 8 times and/or supplement their training in DAN 216/DAN 416 course offerings to meet their 16 cr requirement). Students must take a minimum of 2 semesters of DAN 416 in both ballet and modern.

Courses to total 128 credits for this degree

Available via distance: 50% or more of curricular requirements cannot be completed via distance

Rationale: There is no requested change in the total credit requirement for the B.S. dance degree. The additional required credit will replace one credit of the approximately 20 credits of electives available to the major. This course is already

offered in spring only and required of the major, so no additional resources will be needed.

The curriculum change will positively impact injury prevention and the overall health of dancers.

This course focuses on various approaches to conditioning and cross training for dancers, with specialized and varied content each time the course is offered (spring only), depending on faculty members' expertise. The course rotates through the faculty to provide more options of understanding for students and to balance faculty teaching loads. No additional resources will be needed. The focus and mission of the BS Dance degree is to improve the healthy practice of dance. This requirement will create additional support in the curriculum for this unique focus in dance education, as well as support faculty and student research endeavors in the department of Movement Sciences. See sample syllabus for additional course information and assessment measures.